



fitbit sense 2

Meet Sense 2—the smartwatch designed to help you stress less, sleep better & live healthier. Plus, continuous tracking of your heart & activity lets you track your overall wellness. Get on-the-go assistance with Google Wallet & Maps¹⁰, and dive deep into your health & fitness with the included 6-month Premium membership.¹

Keep stress in check

Managing stress can lead to better sleep & more energy. Get smart reminders to reflect on signs of stress in your body with a new continuous EDA sensor while actively managing them with exercise, deep breathing & more.

Make sense of your sleep

Learn how to maximize rest with tools that track your sleep quality and pinpoint areas you can focus on improving. Premium gives you even more insights—see a personalized analysis of your sleep each month and get matched with a sleep animal that most closely mirrors your sleep style.

Watch your well-being

Track key health metrics like blood oxygen (SpO2) & heart rate variability to help illuminate changes in your wellness so you can adjust your routine to better support your health. You can even use the ECG app and irregular heart rhythm notifications to assess your heart for atrial fibrillation.²



Manage stress, sleep better & live healthier

TOP FEATURES

- ALL-DAY BODY-RESPONSE TRACKING**
Using a cEDA sensor, identify signs of stress, excitement, caffeine and more. Identify your triggers and take action to manage your stress in the moment.³
- EDA SCAN FOR STRESS MANAGEMENT**
Perform an EDA Scan to see how your body responds to stress during a mindfulness session.
- STRESS MANAGEMENT SCORE**
Get a handle on your stress with a daily score showing how your body's handling it—add Premium for a detailed breakdown of what's driving your score & various mindfulness options.
- WEEKLY STRESS SUMMARIES**
Check-in on your stress-management efforts to help you identify causes of stress, successful management techniques and what to try next.
- REMINDERS TO REFLECT**
Smart notifications prompt you to log your emotions. Reflect on what may be triggering them to identify trends.
- ON-WRIST BLUETOOTH® CALLS & TEXT NOTIFICATIONS**
Answer calls right away on Sense 2 using the built-in mic and speaker, and read texts at a glance on your wrist. *Coming soon*
- GOOGLE WALLET & MAPS**
Access Google Wallet to pay on the go and Google Maps for turn-by-turn directions.¹⁰ *Coming soon*
- SLEEP PROFILE PREMIUM**
Learn how to get better rest with Sleep Profile. Get matched with a sleep animal, and see a personalized analysis of your sleep every month.⁴
- SLEEP SCORE & SLEEP STAGES**
Understand your sleep quality with a personalized Sleep Score, and see a breakdown of your time in light, deep & REM sleep.
- ACTIVE ZONE MINUTES**
Get the results you want from every workout. Active Zone Minutes uses your heart rate to guide you toward your desired intensity level—then helps keep you there.
- DAILY READINESS SCORE PREMIUM**
Optimize your routine with Daily Readiness, a score using insights from your body so you can see whether you're ready to work out or should prioritize recovery.¹
- 24/7 HEART RATE**
With an advanced multipath sensor, Sense 2 tracks heart rate continuously during exercise, sleep and everything in between.
- BATTERY & FAST CHARGING**
6+ day battery life keeps you going longer—plus get 24 hours of charge in only 12 minutes.⁸
- 40+ EXERCISE MODES & BUILT-IN GPS**
Access multiple exercise modes like skiing and golf while seeing stats in real-time. With built-in GPS, see live updates of your pace & distance during outdoor activities.
- THIN, LIGHTWEIGHT & COMFORTABLE DESIGN**
Stay comfortable all day, during workouts, sleep and more with a thin, lightweight design that sits more naturally on the wrist.
- ECG APP**
Check your heart rhythm on demand for atrial fibrillation, a heart rhythm irregularity, with the compatible ECG app.²
- IRREGULAR HEART RHYTHM NOTIFICATIONS**
Check for signs of an irregular heart rhythm that may be atrial fibrillation (AFib), so you can share this information with your healthcare provider.²
- BLOOD OXYGEN (SPO2)**
Track the level of oxygen in your blood—to help you learn when there may be important changes in your well-being.⁶
- HEALTH METRICS DASHBOARD**
Know your body better by tracking SpO2, skin temperature variation and more. Watch your trends to help discover potential changes in your well-being.⁷
- VOICE ASSISTANT**
Use Amazon Alexa Built-in to get quick news and weather, set bedtime reminders and alarms, control your smart home devices and more—just by speaking to your watch.⁹
- 6-MONTH PREMIUM MEMBERSHIP**
Sense 2 includes 6 months of Premium, giving you access to key features like Daily Readiness Score & Sleep Profile plus heart-pumping workouts, meditation sessions and more.¹¹

Show your style with accessories

Bands shown are compatible with Sense 2, Sense, Versa 4 and Versa 3. Smartwatch sold separately.



Infinity Bands

Channel online & Fitbit.com: Black, Lunar White, Sage Grey, Blue Mist, Pink Sand, Waterfall Blue
\$29⁹⁵



Sport Bands

Black/Lunar White, Sapphire/Fog Grey, Frost White/Lunar White
Channel online & Fitbit.com: Melon/Rose, Blush/Desert Bloom, Glow up/Frost White, Sea Blue/Ocean
\$34⁹⁵



Woven Bands (made with REPREVE®)
Charcoal
Channel online & Fitbit.com: Rainbow
\$34⁹⁵



Hook & Loop Band
Channel online & Fitbit.com: Charcoal
\$34⁹⁵



Vegan Leather Band
Channel online & Fitbit.com: Indigo
\$49⁹⁵



Horween® Leather Band
Channel online & Fitbit.com: Walnut
\$49⁹⁵

Blood oxygen, Health Metrics and voice assistant are not available in all markets. 1. Daily Readiness Score, Sleep Profile, Snore & Noise Detect and most mindfulness sessions require a Fitbit Premium membership. Premium content recommendations are not available in all locales and may be in English only. 2. The ECG app and irregular heart rhythm notifications feature are only available in select countries and with select Fitbit products; not intended for use by people under 22 years old. The irregular rhythm notifications feature is not intended for use by people with known atrial fibrillation. 3. Stress tracking requires more frequent charging. 4. Requires Fitbit Premium membership. Not intended for medical purposes. Consult your healthcare professional for questions about your health. 6. The SpO2 feature is not intended to diagnose or treat any medical condition or for any other medical purpose. It is intended to help you manage your well-being and keep track of your information. 7. This feature is not intended to diagnose or treat any medical condition and should not be relied on for any medical purposes. It is intended to provide information that can help you manage your well-being. 8. Battery life varies with use & other factors. 9. Voice assistant features may vary, see fitbit.com/voice 10. Google Wallet & Maps coming soon. Data rates may apply. Google apps are not available in all countries or languages. 11. New Premium users only. Must activate with device. Valid payment method required. Free trial must be activated within 60 days of device activation. Cancel before free trial ends to avoid subscription fees.