

ThinkBook 14 G7 ARP

Introducing the ultimate powerhouse for mobile business professionals. The cutting-edge laptop equipped with an AMD Ryzen 7 Processor ensures lightning-fast performance and seamless multitasking capabilities. Paired with up to 64GB DDR5-4800 memory, this laptop delivers unparalleled speed and responsiveness, enabling users to effortlessly handle intensive workloads and demanding applications with ease. With up to 1TB of SSD storage, storing vast amounts of data and accessing it swiftly is a breeze.



Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkBook combines the style and user experience of consumer devices with the security and business-class support of ThinkPad.

Dive into crystal-clear sound with 2W dual Dolby Audio stereo speakers, whether you're in a video conference or attending client calls. Bid farewell to background noise distractions during crucial calls, thanks to the dual-microphone array equipped with smart noise-cancelling technology, ensuring that your voice is heard with clarity and precision.

Weighing in at 1.38 kg (3.04 lbs), the laptop is effortlessly lightweight, ensuring seamless mobility from boardroom to outdoor travels.

Weighing in at 1.38 kg (3.04 lbs), this ThinkBook is a lightweight companion for modern professionals who are always on the move.

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Accessories

Lenovo 16-inch Laptop Topload T210 Black (ECO)

- High quality, durable and water-repellent fabric for maximum durability
- Conveniently placed compartments and pockets for quick access
- Made of 80% recycled PET on case exterior



PN: GX41L83769

Lenovo Wired VoIP Headset

- Optimized audio comfort
- Lightweight design
- Seamless management



PN: Teams : 4XD1M45626, UC : 4XD1M39028

ThinkBook 14 G7 ARP

Performance

Processor
AMD Ryzen 3 / 5 / 7 7000 Series Processor
AMD Ryzen 5 / 7 100 Series Processor

Operating System*
Windows 11 Pro or Home

Graphics
AMD Radeon 660M (integrated)
AMD Radeon 680M (integrated)

Memory¹
Up to 64GB DDR5-4800, 2x SODIMM

¹Maximum memory is only to test technical readiness of notebook. Available memory to sell would vary.

Storage²
Up to two M.2 PCIe NVMe SSD
M.2 2280 SSD up to 2TB each

²The system supports dual SSD via two M.2 slots, but Lenovo only offers one SSD configuration, another SSD slot for user self-extension. The max storage capacity is only technical readiness and may be different with current Lenovo storage offerings.

Audio*
High Definition (HD) Audio
Stereo speakers, 2W x2, Dolby Audio
Dual-microphone array with smart noise-cancelling

Camera*
HD 720p, with privacy shutter
FHD 1080p, with privacy shutter
FHD 1080p + IR hybrid, with privacy shutter

Battery³
45Wh (up to 7.46 hr) battery, Rapid Charge Pro
60Wh (up to 11.0 hr) battery, Rapid Charge

³Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

Power Adapter*
65W USB-C adapter, PD 3.0
65W USB-C slim adapter, PD 3.0

Design

Display⁴
14" WUXGA (1920x1200) IPS Anti-glare 16:10
- 300nits, 45% NTSC, 60Hz
- 300nits, 45% NTSC, 60Hz, touch
- 300nits, 100% sRGB, 60Hz, Eyesafe

⁴IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Screen-to-Body Ratio
90%

Keyboard
6-row, spill-resistant, Copilot key, optional backlight

Touchpad
Mylar surface touchpad
75 x 120 mm (2.95 x 4.72 inches)

Dimensions⁵
Models with aluminium (top) and aluminium (bottom)
313.5 x 224 x 16.9 mm (12.34 x 8.82 x 0.67 inches)
Models with aluminium (top) and PC-ABS (bottom)
313.5 x 224 x 17.6 mm (12.34 x 8.82 x 0.69 inches)

⁵The system dimensions may vary depending on configurations.

Weight⁶
Models with aluminium (top) and aluminium (bottom)
Starting at 1.38 kg (3.04 lbs)
Models with aluminium (top) and PC-ABS (bottom)
Starting at 1.36 kg (2.99 lbs)

⁶The system weight is approximate and may vary depending on configurations

Color
Arctic grey, dual-tone design
Cosmic blue, dual-tone design

Case material
Aluminium (top), aluminium (bottom)
Aluminium (top), PC-ABS (bottom)

Special Features
Modern Standby

Connectivity

Ethernet*
Gigabit onboard Ethernet

WLAN + Bluetooth*⁷
802.11ax (Wi-Fi 6 or Wi-Fi 6E), Bluetooth 5.3

⁷Wi-Fi 6E is only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.

Ports
1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
1x USB-C (USB 10Gbps / USB 3.2 Gen 2), with USB PD 45-65W & DP 1.4
1x USB-C (USB4 40Gbps), with USB PD 45-65W & DP 1.4
1x HDMI 2.1, up to 4K/60Hz
1x SD card reader
1x Ethernet (RJ-45)
1x Headphone / microphone combo jack (3.5mm)

Docking
Docking support via USB-C

Security & Privacy

Security
Firmware TPM 2.0
Discrete TPM 2.0, TCG certified*
Kensington Nano Security Slot
Touch style MOC fingerprint reader on smart power button*
Camera privacy shutter
IR camera for Windows Hello (facial recognition)*

Environmental

Material
25% PCC recycled plastic used in the battery pack enclosure
50% PCC recycled plastic used in key caps
30% PCC recycled plastic used in speaker
90% PCC recycled plastic used in standard 65W adapter
97% recycled content in PIC cushion
90% recycled content in OBP bag
FSC certified content in carton box

Certifications

Green Certifications^{8 9 10}
ENERGY STAR 9.0
EPEAT Gold Registered
ErP Lot 6/26
TCO Certified 9.0
RoHS compliant

⁸The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration.

⁹EPEAT registration and ENERGY STAR certification are optional and only available on the models with preloaded OS.

¹⁰EPEAT is registered where applicable, please see epeat.net for registration status by country.

Other Certifications
TÜV Rheinland Low Blue Light (Hardware Solution)*
TÜV Rheinland Low Blue Light (Software Solution)*
Eyesafe Certified 2.0*
MIL-STD-810H