

ThinkBook 16 G7 ARP

Built for the new-gen hybrid professionals, this 16" ThinkBook meets and exceeds expectations. Whether you're multitasking between apps, editing videos or playing your favorite game, the onboard AMD Ryzen 7 processor and AMD Radeon 680M graphics features bring more speed and fluidity to everything you do. Enjoy life-like and lag-free visuals with its WUXGA resolution display with a 100% sRGB color gamut. Plus, the TÜV Low Blue Light software solution helps keep your eyes comfortable during long sessions by reducing blue light emissions.



Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkBook combines the style and user experience of consumer devices with the security and business-class support of ThinkPad.

Whether you're catching up with friends and family or collaborating with co-workers around the globe, the multimedia features are sure to keep up with your needs. Enjoy immersive auditory experience with the dual Dolby Audio stereo speakers and look your absolute best with the 1080p FHD camera with fixed focus and privacy shutter.

The Wi-Fi 6E and Bluetooth 5.3 features lets you stay connected to superfast wireless connectivity whereas the USB-A, USB-C and HDMI 2.1 ports allow seamless data transfers, power delivery and peripheral connectivity.

Whether you're multitasking between apps, editing videos or playing your favourite game, the onboard AMD Ryzen 7 processor and AMD Radeon 680M graphics features bring more speed and fluidity to everything you do.

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Accessories

Lenovo Go Wireless Numeric Keypad

- 21-key numeric keypad with industry-leading scissor switch keys
- Minimalist design with ultra slim profile at 13 mm with dedicated productivity keys (Calculator, Tab, Equal, Esc keys)
- Rechargeable , up to 3 months use in single charge (may vary based on usage)



PN: 4Y41C33791, GY41C33979

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Performance

Processor

AMD Ryzen 3 / 5 / 7 7000 Series Processor
AMD Ryzen 5 / 7 100 Series Processor

Operating System*

Windows 11 Pro or Home

Graphics

AMD Radeon 660M (integrated)
AMD Radeon 680M (integrated)

Memory¹

Up to 64GB DDR5-4800, 2x SODIMM

¹Maximum memory is only to test technical readiness of notebook. Available memory to sell would vary.

Storage²

Up to two M.2 PCIe NVMe SSD
M.2 2280 SSD up to 2TB each

²The system supports dual SSD via two M.2 slots, but Lenovo only offers one SSD configuration, another SSD slot for user self-extension. The max storage capacity is only technical readiness and may be different with current Lenovo storage offerings.

Audio*

High Definition (HD) Audio
Stereo speakers, 2W x2, Dolby Audio
Dual-microphone array with smart noise-cancelling

Camera*

HD 720p, with privacy shutter
FHD 1080p, with privacy shutter
FHD 1080p + IR hybrid, with privacy shutter

Battery³

45Wh (up to 7.23 hr) battery, Rapid Charge Pro
71Wh (up to 12.75 hr) battery

³Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

Power Adapter*

65W USB-C adapter, PD 3.0
65W USB-C slim adapter, PD 3.0

Design

Display⁴

16" WUXGA (1920x1200) IPS Anti-glare 16:10
- 300nits, 45% NTSC, 60Hz
- 300nits, 45% NTSC, 60Hz, touch
- 300nits, 100% sRGB, 60Hz, Eyesafe

⁴IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Screen-to-Body Ratio

90%

Keyboard

6-row, spill-resistant, numeric keypad, Copilot Key, optional backlight

Touchpad

Mylar surface touchpad
75 x 120 mm (2.95 x 4.72 inches)

Dimensions⁵

356 x 253.5 x 17.5 mm (14.01 x 9.98 x 0.69 inches)

⁵The system dimensions may vary depending on configurations.

Weight⁶

Starting at 1.7 kg (3.75 lbs)

⁶The system weight is approximate and may vary depending on configurations

Color

Arctic grey, dual-tone design
Cosmic blue, dual-tone design

Case material

Aluminium (top)
PC-ABS (bottom)

Special Features

Modern Standby

Connectivity

Ethernet*

Gigabit onboard Ethernet

WLAN + Bluetooth*⁷

802.11ax (Wi-Fi 6 or Wi-Fi 6E), Bluetooth 5.3

⁷Wi-Fi 6E is only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.

Ports

1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
1x USB-C (USB 10Gbps / USB 3.2 Gen 2), with USB PD 3.0 & DP 1.4
1x USB-C (USB4 40Gbps), with USB PD 3.0 & DP 1.4
1x HDMI 2.1, up to 4K/60Hz
1x SD card reader
1x Ethernet (RJ-45)
1x Headphone / microphone combo jack (3.5mm)

Docking

Docking support via USB-C

Security & Privacy

Security

Discrete TPM 2.0*
Firmware TPM 2.0
Kensington Nano Security Slot
Touch style MOC fingerprint reader on smart power button*
Camera privacy shutter
IR camera for Windows Hello (facial recognition)*

Environmental

Material

25% PCC recycled plastic used in the battery pack enclosure
50% PCC recycled plastic used in key caps
30% PCC recycled plastic used in speaker
90% PCC recycled plastic used in standard 65W adapter
97% recycled content in PIC cushion
90% recycled content in OBP bag
FSC certified content in carton box

Certifications

Green Certifications^{8 9 10}

ENERGY STAR 9.0
EPEAT Gold Registered
ErP Lot 6/26
TCO Certified 9.0
RoHS compliant

⁸The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration.

⁹EPEAT registration and ENERGY STAR certification are optional and only available on the models with preloaded OS.

¹⁰EPEAT is registered where applicable, please see epeat.net for registration status by country.

Other Certifications

TÜV Rheinland Low Blue Light (Hardware Solution)*
TÜV Rheinland Low Blue Light (Software Solution)*
Eyesafe Certified 2.0*
MIL-STD-810H

Items with * are optional and only available on selected models. Information presented here may represent the maximum possible configurations for this product, but it does not necessarily reflect what is available in your region. Please ask your rep or check the specifications for specific Part Numbers in your region. © 2025 Lenovo. Products are available while supplies last. Lenovo is not responsible for photographic or typographic errors. Lenovo, the Lenovo logo, ThinkPad, ThinkCentre, ThinkBook, ThinkStation and ThinkVision are trademarks or registered trademarks of Lenovo. 3rd party product and service names may be trademarks of others. Depending on factors such as the processing capability of peripheral devices, file attributes, system configuration and operating environments, the actual data transfer rate of USB connectors will vary and is typically slower than published standards.