



ZBook performance, more mobile than ever.

Our smallest and lightest ZBook ever provides true mobility for people who push the typical business PC past its breaking point. In the field or at home, with pro-level performance and a color-accurate DreamColor display, you have everything you need to review work and manage projects from anywhere.

HP recommends Windows 11 Pro for business.

Manage it on the move

At less than 5lbs[1] our most mobile ZBook is made to move. With 3X faster Wi-Fi®[2] and better battery life[4], you're equipped for days offsite.

Pro-level performance. To go.

Say goodbye to slowdowns and power through projects and heavy workloads with the latest Intel® Core™ processors and NVIDIA® T500 graphics, certified for pro apps. Open large files and run apps simultaneously for speedy multitasking and productivity.

Color accuracy to match the highest standards

Enjoy beautiful visuals even in direct light with a super-bright display. Images are more detailed and require less panning and zooming[7]. All this in a modern, slim-bezel design that maximizes your viewing area.

Featuring

Intel® Core™ i5 processor

Experience powerful performance and seamless computing for your everyday tasks and higher performance needs with the Intel® Core™ i5 processor. [3]

14" (35.56 cm) Diagonal FHD Display

Get clear and sharp visuals in full high definition. Comfortably work without reflections on an anti-glare screen.

HP Z Turbo Drive High-speed Storage

Work without limits in any location with local PCIe storage that's up to 6x faster than SATA SSD, and up to 21x faster than traditional HDD storage. [5]

HP Fast Charge

Ultra-fast recharge takes you from zero to 50% charge in just 30 minutes. [6]

Spill-resistant Keyboard

Accidents happen - which is why we designed our keyboard with a drain hole, so minor spills flow out the bottom for easy cleanup.

Specifications

Operating system	Windows 11 Pro
Processor family	11th Generation Intel® Core™ i5 processor
Processor	Intel® Core™ i5-1145G7 (2.6 GHz base frequency, up to 4.4 GHz with Intel® Turbo Boost Technology, 8 MB L3 cache, 4 cores, 8 threads)
Chipset	Intel® Integrated SoC
Memory	16 GB DDR4-3200 MHz RAM (2 x 8 GB)
Memory Slots	2 SODIMM, supports dual channel (integrated graphics configurations), Memory soldered down, supports dual channel (discrete graphics configurations)
Internal Storage	256 GB PCIe® NVMe™ SSD
Optical drive	Not included
Graphics	Integrated
Graphics (integrated)	Intel® Iris® Xe Graphics
Display	35.6 cm (14") diagonal, FHD (1920 x 1080), IPS, anti-glare, 250 nits, 45% NTSC
Display	14" diagonal, FHD (1920 x 1080), IPS, anti-glare, 250 nits, 45% NTSC ^[11,33,36,37]
Display size (diagonal)	35.6 cm (14")
Display size (diagonal)	14"
Audio	Audio by Bang & Olufsen, dual stereo speakers, HP World Facing Microphone dual array digital microphones, functions keys for volume up and down, combo microphone/headphone jack, HD audio
Minimum dimensions (W x D x H)	32.3 x 21.46 x 1.79 cm
Minimum dimensions (W x D x H)	12.73 x 8.45 x 0.71 in
Weight	Starting at 1.35 kg (Weight varies by configuration and components.)
Weight	Starting at 2.98 lb (Weight varies by configuration and components.)
Keyboard	HP Premium Quiet Keyboard – spill-resistant, full-size, backlit keyboard with programmable key
Pointing device	Clickpad with multi-touch gesture support
Camera	720p HD IR privacy camera with integrated dual array microphones
Ports	1 headphone/microphone combo; 1 SuperSpeed USB Type-A 5Gbps signaling rate; 1 SuperSpeed USB Type-A 5Gbps signaling rate (charging)
Ports	1 power connector; 1 HDMI 1.4b; 2 Thunderbolt™ 4 with USB4™ Type-C® 40Gbps signaling rate (USB Power Delivery, DisplayPort™ 1.4, HP Sleep and Charge)
Wireless	Intel® Wi-Fi 6 AX201 (2x2) and Bluetooth® 5 combo
Power	HP Smart 65 W External AC Power Adapter
Battery type	HP Long Life 3-cell, 53 Wh Li-ion polymer
Battery recharge time	Supports battery fast charge: approximately 50% in 30 minutes
Sustainable impact specifications	Ocean-bound plastic in speaker enclosure; 40% post-consumer recycled plastic; External power supply 90% efficiency; Low Halogen; Bulk packaging available; Molded paper pulp cushion inside box is 100% sustainably sourced and recyclable; Outside box and corrugated cushions are 100% sustainably sourced and recyclable
Security management	HP Sure Click; HP Secure Erase; HP Manageability Integration Kit; HP Sure Sense; HP Sure Recover Gen3; HP BIOSphere Gen6; HP Sure Start Gen6; HP Sure Admin; HP Sure View Reflect; HP Tamper Lock; MS Bitlocker Encryption; HP Proactive Security; HP Image Assistant Gen4.6; HP TPM Configuration Utility; HP Sure Run Gen4; HP Client Security Manager Gen7; HP Sure Recover Gen4 with Embedded Reimaging; Secured-core PC capable; TPM 2.0 Embedded Security Chip; Infineon SLB9670 ^[24,25,31,32,34,38,40,42,43,44,45]
Software included	Bing search for IE11; Buy Office; CyberLink Power Media Player; HP Hotkey Support; HP Noise Cancellation Software; HP Performance Advisor; HP Recovery Manager; HP Support Assistant; Native Miracast support; HP Connection Optimizer; HP ZCentral Remote Boost Software; myHP; HP QuickDrop ^[18,19,20,22,23,26,55]

Top Recommended Displays, Accessories and Services**Docking Stations**

HP USB-C Dock G5	26D32AA
HP USB-C Dock G5	5TW10AA
HP USB-C/A Universal Dock G2	5TW13AA
HP Thunderbolt Dock 120W G2	2UK37AA
HP Thunderbolt Dock 120W with HDMI Adapter	6HP48AA

Cases

HP Executive 14.1 Slim Top Load	6KD04AA
---------------------------------	---------

Backpacks

HP Executive 15.6 Backpack	6KD07AA
----------------------------	---------

Keyboard and Mouse Kits

HP Slim Wireless Keyboard and Mouse	T6L04AA
-------------------------------------	---------

Mice

HP Bluetooth Travel Mouse	6SP30AA
HP Elite Presenter Mouse	2CE30AA

AC Adapters

HP 45W Smart AC Adapter	H6Y88AA
-------------------------	---------

PC Locks

HP Sure Key Cable Lock	6UW42AA
HP Nano Keyed Cable Lock	1AJ39AA

Messaging Footnotes

- [1] Weight will vary by configuration.
- [2] Based on Wi-Fi 5 80MHz and Wi-Fi 6 160MHz minimum requirements when transferring files between two devices connected to the same router. Requires a wireless router, sold separately, that supports 802.11ax (Wi-Fi 6). Only available in countries where 802.11ax is supported. Wireless access point and internet service required and sold separately. Availability of public wireless access points limited. Wi-Fi 6 is backwards compatible with prior 802.11 specs. The specifications for Wi-Fi 6 (802.11ax) are draft and are not final. If the final specifications differ from the draft specifications, it may affect the ability of the notebook to communicate with other 802.11ax devices.
- [3] Multicore is designed to improve performance of certain software products. Not all customers or software applications will necessarily benefit from use of this technology. Performance and clock frequency will vary depending on application workload and your hardware and software configurations. Intel's numbering, branding and/or naming is not a measurement of higher performance.
- [4] When compared to HP ZBook 14u G6.
- [5] For hard drives, GB = 1 billion bytes. TB = 1 trillion bytes. Actual formatted capacity is less. Up to 30GB (for Windows 10) of system disk is reserved for system recovery software.
- [6] Recharges the battery up to 50% within 30 minutes when the system is off or in standby mode. Power adapter with a minimum capacity of 65 watts is required. After charging has reached 50% capacity, charging will return to normal. Charging time may vary +/-10% due to System tolerance.
- [7] When compared to standard FHD displays.

Technical Specifications Footnotes

- [11] HP DreamColor Panel available in the Q2 2021 timeframe.
- [18] HP Support Assistant - Requires Windows and Internet Access.
- [19] HP ZCentral Remote Boost Sender does not come preinstalled on Z Workstations but can be downloaded and run on all Z desktop and laptops without license purchase through 2022. With non-Z sender devices, purchase of perpetual individual license or perpetual floating license per simultaneously executing versions and purchase of ZCentral Remote Boost Software Support is required. ZCentral Remote Boost Sender for non-Z Hardware requires a license and Windows 10, RHEL/CentOS (7 or 8), or UBUNTU 18.04 or 20.04 LTS operating systems. macOS (10.14 or newer) operating system and ThinPro 7.2 are only supported on the receiver side. Requires network access. The software is available for download at hp.com/ZCentralRemoteBoost.
- [20] Web-only Support
- [22] Miracast is a wireless technology your PC can use to project your screen to TVs, projectors, and streaming media players that also support Miracast. You can use Miracast to share what you're doing on your PC and present a slide show. For more information: <http://windows.microsoft.com/en-us/windows-8/project-wireless-screen-miracast>
- [23] HP Performance Advisor Software. Learn more or download at: <https://www8.hp.com/us/en/workstations/performance-advisor.html>
- [24] HP BIOSphere Gen6 requires Windows 10 and is available on select HP Pro and Elite PCs. Features may vary depending on the platform and configurations.
- [25] HP Sure Admin requires Windows 10, HP BIOS, HP Manageability Integration Kit from <http://www.hp.com/go/clientmanagement> and HP Sure Admin Local Access Authenticator smartphone app from the Android or Apple store.
- [26] HP Connection Optimizer requires Windows 10.
- [31] HP Sure Run Gen4 is available on select HP PCs and requires Windows 10.
- [32] Secured-core PC requires an Intel® vPro® or AMD Ryzen™ Pro processor. Requires 8 GB or more system memory. Secured-core PC functionality can be enabled from the factory.
- [33] HP Sure View Reflect integrated privacy screen is an optional feature that must be configured at purchase and is designed to function in landscape orientation.
- [34] HP Sure Sense requires Windows 10 Pro or Enterprise and supports Microsoft Internet Explorer, Google Chrome™, and Chromium™. Supported attachments include Microsoft Office (Word, Excel, PowerPoint) and PDF files in read only mode, when Microsoft Office or Adobe Acrobat are installed.
- [36] Sold separately or as an optional feature.
- [37] Resolutions are dependent upon monitor capability, and resolution and color depth settings.
- [38] HP Manageability Integration Kit can be downloaded from <http://www.hp.com/go/clientmanagement> .
- [40] For the methods outlined in the National Institute of Standards and Technology Special Publication 800-88 "Clear" sanitation method. HP Secure Erase does not support platforms with Intel® Optane™.
- [42] HPP Sure Recover Gen4 with Embedded Reimaging is an optional feature which requires Windows 10 must be configured at purchase. You must back up important files, data, photos, videos, etc. before use to avoid loss of data. Network based recovery using Wi-Fi is only available on PCs with Intel Wi-Fi Module.
- [43] HP Tamper Lock is an optional feature that must be configured at the factory and requires a supervisor password be established prior to use.
- [44] HP Client Security Manager Gen7 requires Windows and is available on the select HP Elite and Pro PCs.

© Copyright 2022 HP Development Company, L.P. The information contained herein is subject to change without notice. The only warranties for HP products and services are set forth in the express warranty statements accompanying such products and services. Nothing herein should be construed as constituting an additional warranty. HP shall not be liable for technical or editorial errors or omissions contained herein.

Intel, Core, Optane, Celeron, Pentium, Iris, XMM, and Thunderbolt are trademarks or registered trademarks of Intel Corporation or its subsidiaries in the United States and other countries. AMD, Ryzen, Athlon, and Radeon are trademarks of Advanced Micro Devices, Inc. Bluetooth is a trademark owned by its proprietor and used by HP Inc. under license. NVIDIA and GeForce are trademarks and/or registered trademarks of NVIDIA Corporation in the U.S. and other countries. USB Type-C® and USB-C® are registered trademarks of USB Implementers Forum. DisplayPort™ and the DisplayPort™ logo are trademarks owned by the Video Electronics Standards Association (VESA®) in the United States and other countries. McAfee and McAfee LiveSafe are trademarks or registered trademarks of McAfee LLC in the United States and other countries. ENERGY STAR is a registered trademark of the U.S. Environmental Protection Agency. All other trademarks are the property of their respective owners.

