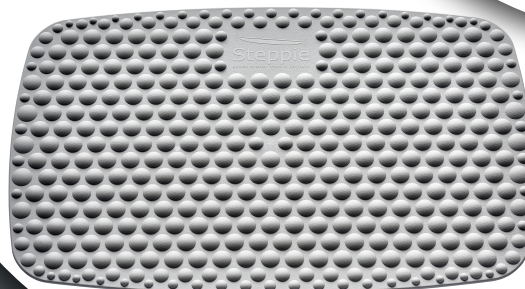




# Steppie Soft Top Reflexology Mat

*Designed by a Reflexologist  
and Acupuncturist*

## ST590



Maximize the health benefits of standing with the Steppie Soft Top. The Soft Top is the perfect accessory to the Steppie Balance Board. Lack of movement while standing on a hard, flat floor causes pain and tension throughout your body. The Soft Top triggers subconscious movement and helps to stimulate and activate your body to alleviate this pain and tension. It takes the concept of an anti-fatigue mat to the next level with hollow bubbles that were designed in accordance with reflexology principles. Reflexology is the application of appropriate pressure to specific points on the feet. While standing on the bubbles, your feet will receive positive feedback, which in turn helps improve circulation throughout the whole body and alleviate stress.

Designed to have the same shape as the Steppie Balance Board, the Soft Top can be placed on top of the balance board with clips to create a dynamic standing experience, or the Soft Top can be used alone. Other benefits of a reflexology mat are nerve stimulation and increased metabolism, energy, and relaxation. The Soft Top is a simple and natural way to massage your feet and take pressure off your body. To get the most out of your Soft Top mat, it is recommended that you use it without shoes or barefoot.



*To maximize benefits it is  
recommended to use without shoes  
or barefoot*

## Specifications

Width (in.) 22.13"  
Depth (in.) 14.25"  
Height (in.) 0.063"  
Weight (lbs.) 1.5  
Material PU Thermoplastic

Color Gray  
Machine Washable? Yes  
Clip Attachments Included? Yes  
Use With Steppie? Yes  
Warranty 3 Year Limited