# RECOVERY IS KEY

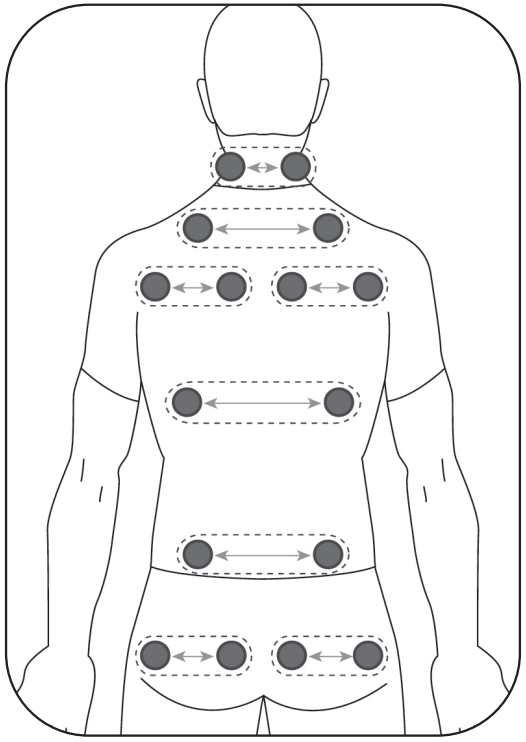
## *GoBall - Targeted Massage Ball* - GF-MBR

- ***Targets sore muscles and relieves knots, trigger points and muscle soreness***
- ***Cord helps you target areas of pain and keeps the ball in place***
- ***Reaches back, shoulders, glutes, legs, and other spots in need of deep-tissue massage with ease***
- ***Leaning on a wall or laying down, simply press and roll***
- ***Ball's density and no-slip rubber surface is ideal for trigger point release***
- ***Compact, portable, and lightweight design***
- ***Includes Therapy Poster***



*Pegged or shelved retail package: 8"x 2.5"x 10"*



*Target point diagram example from the included GoBall Therapy Poster.*



*Targeted Muscle Relief*

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