

Lenovo
ThinkPad

ThinkPad T14s Gen 5

Lenovo

Get started



* Lenovo USB-C to
VGA Adapter



* Lenovo USB-C to
DisplayPort Adapter

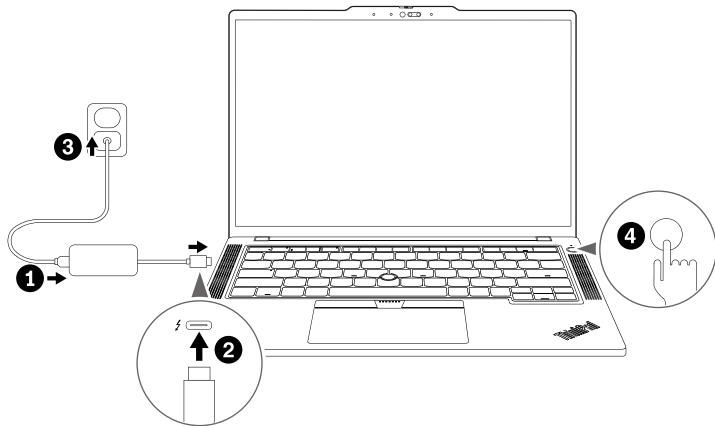


* Lenovo HDMI to
VGA Adapter

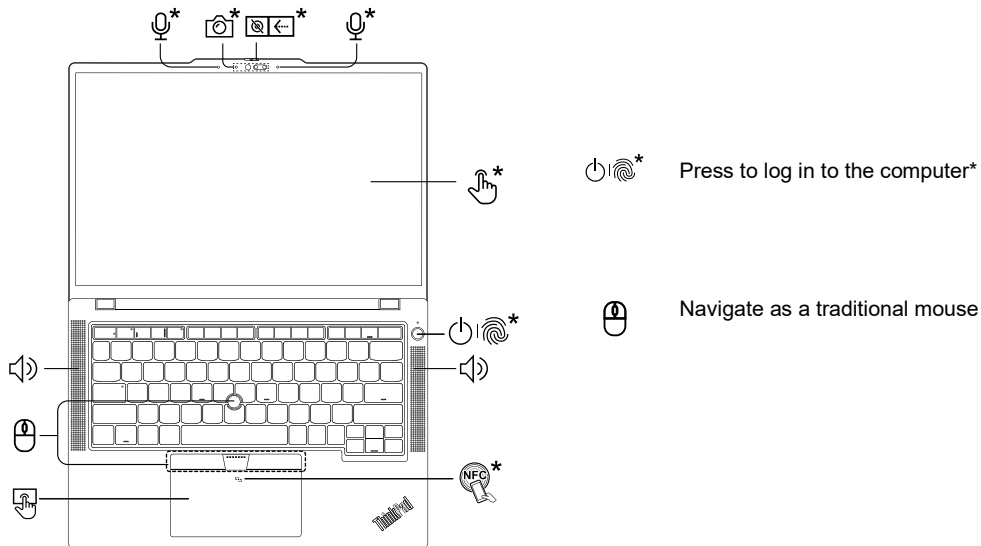


* Lenovo USB-C to
Ethernet Adapter

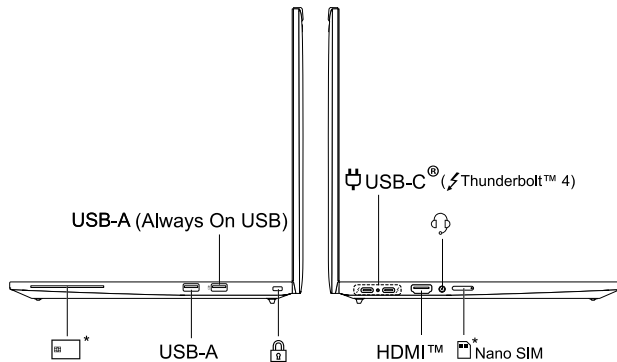
* For selected models



Overview

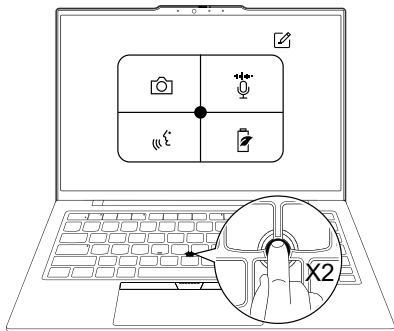


Overview



Read the statement on USB transfer rate in the *User Guide*. To access the *User Guide*, refer to methods mentioned on the back cover.

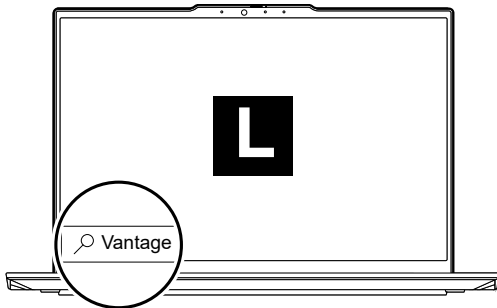
TrackPoint Quick Menu



Launch TrackPoint Quick Menu by double tapping¹ for quick configuration of some device settings.

¹ It can be set to single tapping.

Lenovo Commercial Vantage*

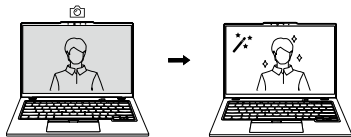


Access Commercial Vantage to adjust device settings and check for system updates.

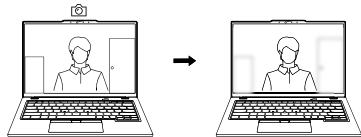
Lenovo View*



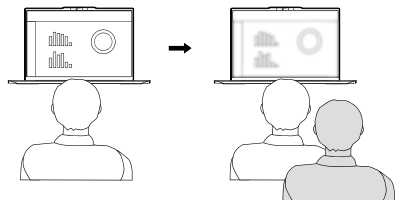
Video Enhancer



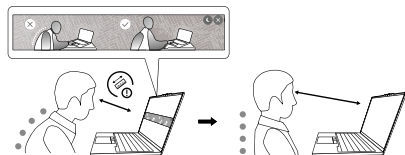
Background Removal*



Privacy Guard



Posture Warning



[English]

Specific absorption rate (SAR)

YOUR DEVICE MEETS INTERNATIONAL GUIDELINES FOR EXPOSURE TO RADIO WAVES.

Refer to the following for 10g SAR limit and maximum reported SAR values:

10g SAR limit: 2 W/kg (body-worn SAR); 4 W/kg (limb SAR)

Maximum SAR with 0 mm separation distance: 1.230 W/kg (body-worn SAR); 3.194 W/kg (limb SAR)

For more information about SAR, refer to the *Safety and Warranty Guide* that came with your device.

European Union (EU) / United Kingdom (UK) — radio frequency and power

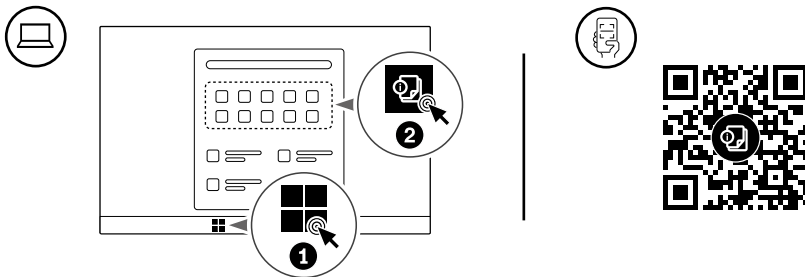
This radio equipment operates with the following frequency bands and maximum radio-frequency power:

Technology	Frequency [MHz] / band	Maximum transmit power
WLAN 802.11b/g/n/ax/be Bluetooth BR/EDR/LE	2400 - 2483.5	< 20 dBm
WLAN 802.11a/n/ac/ax/be	5150 - 5350; 5470 - 5725	< 23 dBm
WLAN 802.11a/n/ac/ax/be	5725 - 5875	< 13.98 dBm
WLAN 802.11ax/be	5945 - 6425	< 23 dBm
WWAN UMTS	1/3/8	< 25 dBm
WWAN LTE	1/3/7/8/20/28/34/38/40/41/42/43	< 25 dBm
WWAN LTE HPUE	41	< 27 dBm
WWAN 5G NR	1/3/7/8/20/28/38/40/41/77/78	< 25 dBm
WWAN 5G NR HPUE	41/77/78	< 28 dBm
NFC	13.56	< -5.31 dBμA/m@10m

Note: Not all wireless bands may be enabled depending on your product configuration. Usage of this device is limited to indoor locations in the bands 5150 - 5350 MHz and 5945 - 6425 MHz.

Access User Guide

[Access User Guide](#) | [Access User Guide](#) | [Access User Guide](#) | [Access User Guide](#) | [Access User Guide](#)



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Reuse
Recycle

For FSC Mix logo only