Kensington®

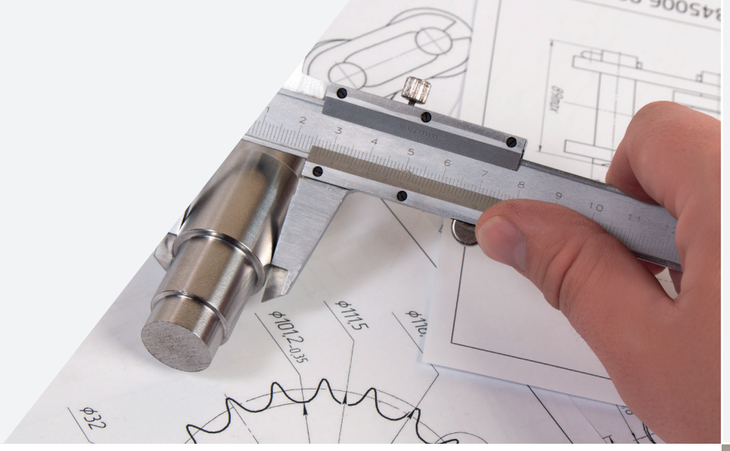
Comfort Made Easy

SmartFit™



Kensington®

Proud Member
of FIRA



About the Furniture Industry Research Association

The Research Association is the centre of technical knowledge for the furniture industry, providing invaluable technical support to the entire furniture supply chain.

About FIRA International

FIRA International (part of the Element Group) specialise in providing a comprehensive range of independent testing, certification and consultancy services to the furniture industry.

FIRA ergonomists work with companies to assess a product's suitability for use and evaluate its ergonomic properties to ensure it is fit-for-purpose and complies with British and European Standards.

This logo signifies that the product it appears against complies with European and International ergonomics standard for VDU workstations: EN ISO 9241-5: Ergonomic requirements for office work with visual display terminals (VDT's): part 5: 1999, workstation layout and postural requirements.

Products tested by
FIRA International to BS EN ISO 9241-5
are denoted by the **fi** icon

Kensington are proud to work with FIRA International to ensure that our products exceed the minimum requirements of the relevant standards

Kensington®

Comfort
Made Easy



Kensington wants to help you be comfortable at work to continue doing the things you love outside of work. That means we need to be comfortable - and we need movement. Research shows that people are healthier and happier when they're more active. Kensington ergonomic products such as monitor arms, sit/stand desks and footrests adapt to changing comfort levels throughout the day. Whether thinking on your feet or comfortably seated, we've got the perfect wellness solution fit for you.

SmartFit™

SmartFit™

Comfort Made Easy

With SmartFit™, anyone can set up a personalised, ergonomic fit without the need for a workplace specialist.

Kensington SmartFit™ products feature a colour-coded adjustment that allows the user to determine the optimal ergonomic height setting, simply using their hand size.

Whereas other solutions require an expert to tailor the product to each user, the hand chart included with each SmartFit™ product allows users to set their own ideal adjustment, without any additional tools.



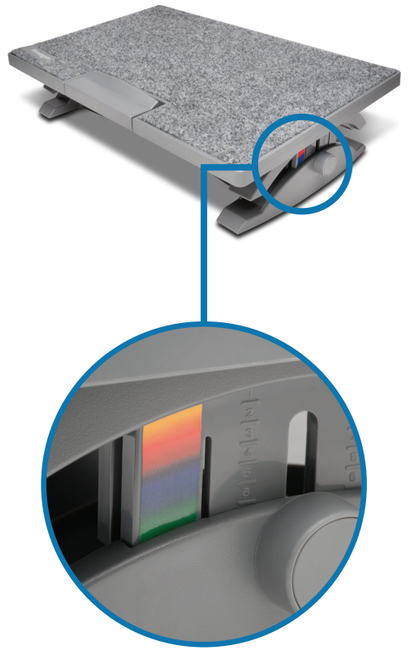
DATA-DRIVEN RESEARCH FOR PERSONALISED COMFORT

SmartFit™ is based on US Army study data that compiled anthropometric data of thousands of soldiers and all of their body measurements.

The study concluded that a person's stature is linked directly to their hand size. SmartFit™ uses this by applying four basic colour groups to each product, providing a fact-based ergonomic sizing guide.



SMARTFIT™ SOLEMATE™ PRO ELITE ERGONOMIC FOOT REST



SmartFit™ ergonomic height adjustment



1. MEASURE

Just place your hand on the baseline of the hand chart. The tip of your middle finger indicates your SmartFit™ colour.



2. ADJUST

Then adjust your product to the correct SmartFit™ colour setting without the use of any tools.



3. FIT

You're all set to work more comfortably with your SmartFit™ products adjusted perfectly for you in seconds.



SMARTFIT™ EASY RISER™ GO LAPTOP COOLING STAND

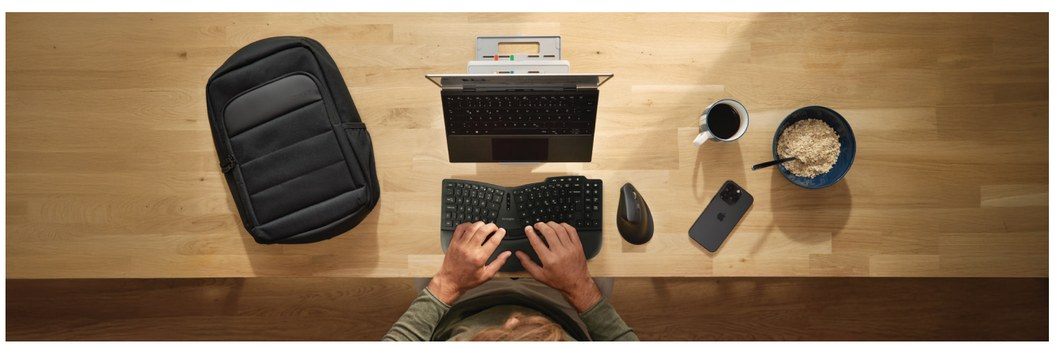
Choose the ideal colour-coded SmartFit™ height adjustment

Kensington®

Wellbeing Checklist

A small series if changes can make a huge difference to wellbeing at work. Here is a set of suggestions you can share with colleagues or employees to help them setup their workstations more ergonomically (particularly if they are working from home), minimising the risk of ongoing discomfort and health issues.

1. **Move your chair in close to your desk.** Your stomach should be able to touch the desk.
2. **Sit with your feet flat on the floor** and with your thighs parallel to the floor.
3. **Support your legs with a footrest** if your legs are reaching for the floor.
4. **Use a seat cushion to elevate yourself to the correct position** if the desk is too high and you can't adjust your chair.
5. **Sit so that you're leaning back against the chair's back support**. If you don't have an ergonomic office chair, make sure your lumbar is supported with a backrest.
6. **Make sure you're directly facing your screen and keyboard.** This means you won't have to turn your neck to look at the screen.
7. **Your arm should be making an 'L' shape from shoulder to wrist when typing.** Adjust the height of your chair so your desk or table is level with your elbows.
8. **Take microbreaks by dropping your arms to your sides and stretching** every 20 or 30 minutes. Stand, move and stretch for 5 minutes once every hour.
9. **Look into the far distance every 20 minutes to vary focal length and avoid eyestrain.** Anti-glare and blue light filters also help reduce the amount of harmful light emitted from screens.
10. **Position your monitor so it is at eye level and arm's length.** If you're just using just a laptop, it should be raised with a laptop riser and be connected to a separate keyboard & mouse



Kensington®

Laptop Risers



Combine the ergonomic benefits of raising your screen height with the technological benefits of increased air circulation.

Position your laptop at the optimal height to improve posture, promote proper eye alignment and support neck and shoulder comfort. SmartFit™ makes height adjustment easy.

Increased air circulation around the laptop improves performance and battery life. Many Kensington laptop risers are highly portable, ideal for the hybrid worker moving between locations.



SMARTFIT™ EASY RISER™ LAPTOP COOLING STAND
EQ **K52805EU**
Black **K52788WW**
Grey **60112**



SMARTFIT™ EASY RISER™ GO LAPTOP COOLING STAND
17" **K50420EU**
14" **K50421EU**



EASY RISER™ ALUMINIUM LAPTOP RISER
K50417WW



ELEVATED STAND FOR SURFACE™
K58277WW



UNIVERSAL TABLETOP LAPTOP RISER
K50424WW



SMARTFIT™ LAPTOP RISER
K52783WW

Kensington

Monitor Arms



Effortless adjustment of a monitor's height, depth and angle are unlocked by a monitor arm, enabling users to find personal comfort and optimise their productivity.

Anybody who works at a computer for many hours a day stands to benefit from using a monitor arm. Teams with a hotdesking protocol (with no assigned seats) enjoy the convenience of being able to set up an ergonomic workstation in seconds, no matter where in the office they work.



SMARTFIT™ ONE-TOUCH MONITOR ARMS

Single Grey **K55470EU** Single Black. **K59600W**
Dual Grey **K55471EU** Dual Black **K59601WW**



SMARTFIT™ SPACE-SAVING MONITOR ARMS

Single **K55512WW** Dual **K55513WW**



SMARTFIT™ ERGO MONITOR ARMS

Single **K55411WW** Single Ext. **K55408WW**
Dual Ext. **K55409WW**



VERTICAL STACKING DUAL MONITOR ARM

K53802WW



UNIVERSAL LAPTOP HOLDER FOR MONITOR ARMS

K53801WW



SMARTFIT™ ERGO FREESTANDING DUAL MONITOR ARM

K58271WW



SMARTFIT™ DUAL MONITOR ARM WITH CROSSBAR AND HANDLE

K58272WW



SMARTFIT™ HEAVY DUTY GAS-SPRING ARM - SINGLE

K58273WW

Kensington

Monitor Stands



Combine the ergonomic benefits of raising your screen height with storage space for your desktop accessories.

Position your monitor at the optimal height to improve posture, promote proper eye alignment and support neck and should comfort. SmartFit™ makes height adjustment easy.

Many Kensington Monitor Stands create room to store your keyboard, mouse and paperwork for an organised work environment.



SMARTFIT™ HEIGHT ADJUSTABLE MONITOR STAND PLUS WIDE

K52797WW



SMARTFIT™ HEIGHT ADJUSTABLE MONITOR STAND PLUS

Black **K52786WW**
Grey **60089**



SMARTFIT™ HEIGHT ADJUSTABLE MONITOR STAND

K52785WW



SMARTFIT™ HEIGHT ADJUSTABLE SPIN STATION MONITOR STAND

Black **K52787WW**
Grey **60049EU**

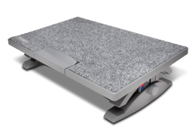
Kensington

Foot Rests

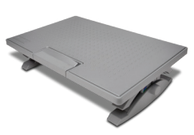


Good posture is essential to lasting health and comfort, which is why Kensington offers a full line of ergonomic foot rest solutions to help you stay comfortable and free from back strain.

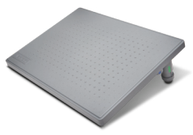
A foot rest is a simple solution that aligns your back and lower body posture. Footrests are not only for your feet to rest on, but they also help you sit back in your chair and take tension out of your lower back and upper legs.



SMARTFIT™ SOLEMATE™ PRO ELITE ERGONOMIC FOOT REST
K50345EU



SMARTFIT™ SOLEMATE™ PRO ERGONOMIC FOOT REST
K50409EU



SMARTFIT™ SOLEMATE™ ERGONOMIC FOOT REST
K50416EU



SMARTFIT™ SOLEMATE™ PLUS FOOT REST
Black **K52789WW**
Grey **56146** fi



ROCKING FOOT REST
K58303WW

Kensington

Back Rests and Seat Cushions



The strongest muscles we have are in our lower body. They help us stand, walk and run.

It's very important to keep your lower body in the correct positions. Using a back rest will provide support and comfort whilst keeping your muscles moving. A seat cushion will stimulate blood circulation and improve lower body posture. If you cover these areas, you'll be comfortable all day long.



SMARTFIT™ CONFORM BACK REST
K60412WW



ERGONOMIC MEMORY FOAM SEAT CUSHION
K55805WW



PREMIUM COOL-GEL SEAT REST
K55807WW

Kensington®

Wrist Rests



Too often, we type in positions that are unnatural or less than ideal ergonomically, since our keyboards tend to be raised, causing our hands to bend backward.

Kensington mouse pads and wrist rests are designed to help keep your keyboard and mouse lower than your forearm, so hands and arms are in-line for ultimate comfort and long-term wrist health.

ErgoSoft™

Feel the difference with ErgoSoft™ Wrist Rests

A variety of designs to accommodate the different heights of mechanical, gaming, slim or standard sized keyboards and mice. All ErgoSoft™ wrist rests feature an ultra-soft premium exterior and military-grade MIL-STD-810H wipe down protection.



Wrist Rests and Mouse Pads



SMARTFIT™ MOUSE PAD WITH WRIST SUPPORT

K55793EU



ERGOSOFT™ WRIST REST MOUSE PAD

Black **K52888EU**
Grey **K50437EU**



DUO GEL MOUSE PADS

Blue **62401**
Red **62402**
Grey **62402**



HEIGHT ADJUSTABLE GEL MOUSE PAD

Black **57711**



GEL MOUSE PADS

Black **62386**
Black/grey **62404**



ERGOSOFT™ WRIST REST FOR STANDARD MOUSE

Black **K52802WW**
Grey **K50432EU**



ERGOSOFT™ WRIST REST FOR SLIM MOUSE / TRACKPAD

Black **K52803EU**



SLIM DUO GEL MOUSE/TRACKBALL WRIST REST

Blue **K62439WW**
Red **K62440WW**
Grey **K62438WW**



FOAM MOUSE PADS

Black **62384**
Blue **64271**

Wrist Rests for Keyboards



ERGOSOFT™ WRIST REST FOR MECHANICAL AND GAMING KEYBOARDS

Black **K52798WW**



ERGOSOFT™ WRIST REST FOR STANDARD KEYBOARDS

Black **K52799WW**



ERGOSOFT™ WRIST REST FOR SLIM KEYBOARDS

Black **K52800WW**



ERGOSOFT™ WRIST REST FOR SLIM COMPACT KEYBOARDS

Black **K52801EU**



SLIM DUO GEL KEYBOARD WRIST RESTS

Blue **K62441WW**
Red **K62442WW**



DUO GEL KEYBOARD WRIST RESTS

Blue **62397**
Red **62398**



HEIGHT ADJUSTABLE WRIST REST

22701



GEL WRIST REST

62385



FOAM WRIST RESTS

Black **62383**

Kensington

Ergonomic Input Devices



Designed with wellness, comfort and productivity in mind, Kensington has a large range of trackballs, mice and keyboards made for optimal ergonomic set-ups in the office or on the go.

Trackballs require less elbow and wrist movements helping to alleviate pain. Our ergonomist-approved mice and keyboards place the wrists in a neutral alignment, avoiding soft-tissue compression and improving comfort.

Trackballs



SLIMBLADE™ PRO WIRELESS TRACKBALL
K72080WW



PRO FIT™ ERGO TB550 EQ WIRELESS TRACKBALL
K72196WW



PRO FIT™ ERGO TB450 EQ WIRELESS TRACKBALL
K72194WW



EXPERT MOUSE® WIRED TRACKBALL
64325

Ergonomic Keyboards



PRO FIT™ ERGO KB675 EQ TKL RECHARGEABLE KEYBOARD
K75491UK



PRO FIT™ ERGO WIRELESS KEYBOARD
K75401UK



DUAL WIRELESS COMPACT KEYBOARD
K75502UK

Ergonomic Mice



PRO FIT™ ERGO MY630 EQ RECHARGEABLE MOUSE
K72482WW



PRO FIT™ ERGO VERTICAL WIRELESS MOUSE
K75501EU



PRO FIT™ ERGO RIGHT-HANDED WIRELESS MOUSE
K75404EU



PRO FIT™ ERGO LEFT-HANDED WIRELESS MOUSE
K79810WW



PRO FIT™ ERGO WIRED MOUSE
K75403EU

Kensington®

Contour™ 2.0 Bags



Kensington bags make carrying all your devices and accessories easy. Our bags are designed to fit your devices, your needs and most importantly, you.

Our Contour™ 2.0 bags are approved by professional ergonomists. The range features heat-dissipating contoured panels and a weight-distribution system that shifts weight closer to your centre of gravity while specially positioned pockets help evenly spread weight and balance contents.



CONTOUR™ 2.0 LAPTOP BACKPACKS

17" **K60381EU**
15.6" **K60382EU**
14" **K60383EU**



CONTOUR™ 2.0 LAPTOP BRIEFCASES

17" **K60387EU**
15.6" **K60386EU**



CONTOUR™ 2.0 SPINNERS/ROLLERS

17" Spinner **K60384WW**
15.6" Roller **K60385WW**

Kensington®

Anti-Glare & Blue Light Reduction Filters

Kensington's Anti-Glare and Blue Light Reduction Filters are ideal for working and learning from home, where we tend to have more time in front of screens. Blue light filters stop harmful light frequencies from reaching our eyes.



For Laptops



12.5" 16:9 **627551**
13.3" 16:9 **627552**

14" 16:9 **627553**
15.6" 16:9 **627554**

For Monitors



21" 16:9 **627555**
23" 16:9 **627556**
23.8" 16:9 **627557**
24" 16:9 **627558**
24" 16:10 **627559**
27" 16:9 **627560**
32" 16:9 **627561**
34" 16:9 **627562**

Kensington®

Comfort
Made Easy

SmartFit™



SmartFit™ allows you to create an optimal ergonomic work environment, no matter where you are working.

An ergonomic desk setup can greatly enhance your long-term comfort and wellbeing while working from a laptop, helping to prevent poor posture, repetitive strains on joints and eye strain.

OFFICE





SMARTFIT™ ONE-TOUCH DUAL MONITOR ARMS

Grey **K55471EU**
Black **K59601WW**



reddot winner 2024

PRO FIT™ ERGO KB675 EQ TKL RECHARGEABLE KEYBOARD

K75491UK



SMARTFIT™ SOLEMATE™ PLUS FOOT REST

Black **K52789WW**
Grey **56146**

HOME





UNIVERSAL TABLETOP LAPTOP RISER

K50424WW



SMARTFIT™ CONFORM BACK REST

K60412WW



PREMIUM COOL-GEL SEAT REST

K55807WW

MOBILE





SMARTFIT™ EASY RISER™ LAPTOP COOLING STAND

EQ **K52805EU**
Black **K52788WW**
Grey **60112**



DUAL WIRELESS COMPACT KEYBOARD

K75502UK



PRO FIT™ ERGO MY630 EQ RECHARGEABLE MOUSE

K72482WW



LAPTOP RISERS



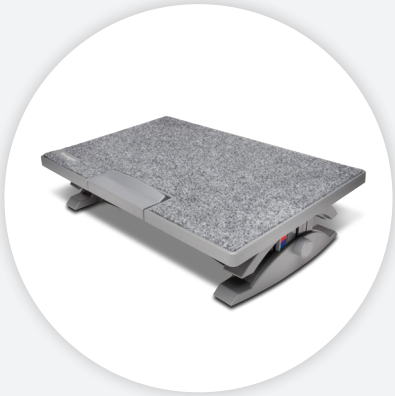
MONITOR ARMS



MONITOR STANDS



WRIST RESTS AND MOUSE PADS



FOOT RESTS



BACK RESTS & SEAT CUSHIONS



ERGO INPUT



BAGS



ANTI-GLARE & BLUE LIGHT FILTERS

Kensington®

FOR MORE INFORMATION VISIT
www.kensington.com/comfort-made-easy

OR CONTACT YOUR KENSINGTON REPRESENTATIVE:
contact@kensington.com