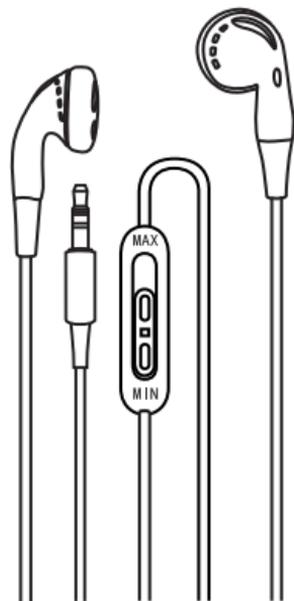


# iHome®

**Model: iB1**

## **Stereo Headphones with In-line Volume Control**



### **Using Your iHome Headphones**

The earpieces are marked “L” and “R”. Place the “L” earpiece in your left ear and the “R” earpiece in your right ear for proper fit and best sound. If the earpieces are inserted incorrectly they will not fit properly in your ears and the sound quality will not be satisfactory.

Connect the headphone plug to the headphone jack of your music player. Be sure that the plug is fully inserted into the jack. If the plug is not fully inserted you may only hear sound from one earpiece.

To protect your hearing, always start listening with the In-Line Volume Control set to a low level and gradually increase the volume to a comfortable listening level.

Note: You may have to adjust the volume control on your music player as well as the In-Line Volume Control on your headphones to find the most satisfactory sound level. If one control is set too low and the other is set too high, the sound may be distorted. Try setting the volume control on your music player halfway between the Min and Max settings, and then use the In-Line Volume Control on your iHome headphones to make final adjustments.

**IMPORTANT!** Listening at high volume for long periods of time can result in long-term hearing damage. For your safety, do not use headphones if they would prevent you from hearing warning sounds, such as while driving a car or motorcycle, riding a bike, etc.

**NOTE:** In extremely cold or dry air conditions you may notice a slight ‘tingling’ feeling in your ears when using in-ear headphones. This is the result of the build-up of static electricity in your body. This is normal and not an indication of any problem with your headphones.