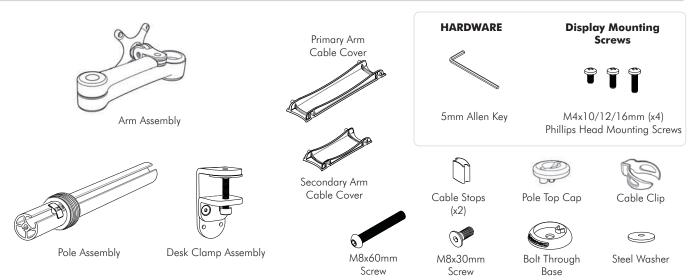
# Installation Instructions VISIGE Focus | Articulated Arm

# **Component Checklist**



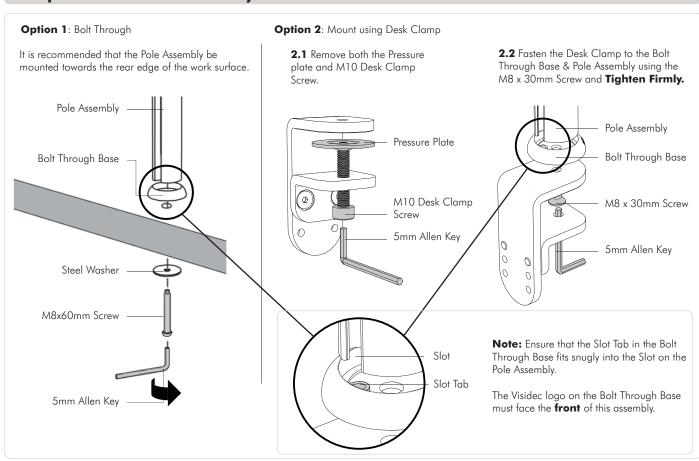
#### **IMPORTANT INFORMATION:**

- ! IMPORTANT Install Visidec Focus Articulated Arm as per installation instruction.
- This product supports a maximum load of 8kg (17.6lbs).
- The manufacturer accepts no responsibility for incorrect installation.

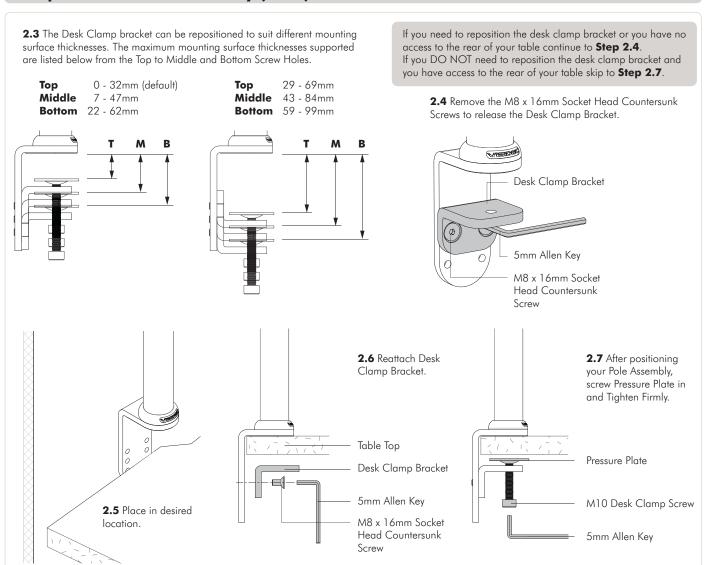
# **Step 1. Check Components**

Check what you have received against the component checklist and hardware above.

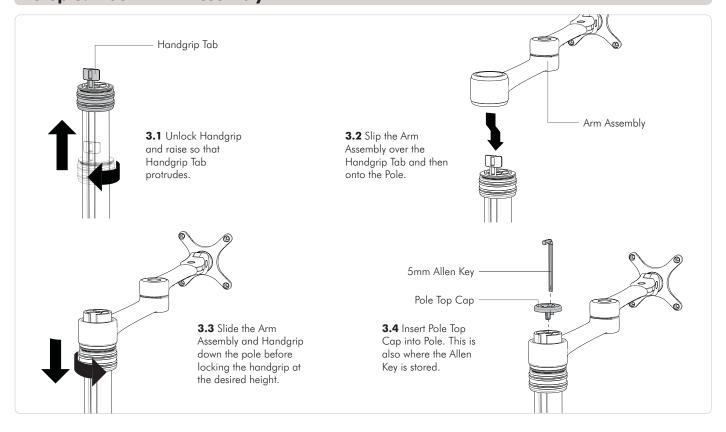
#### **Step 2. Mount Pole Assembly**



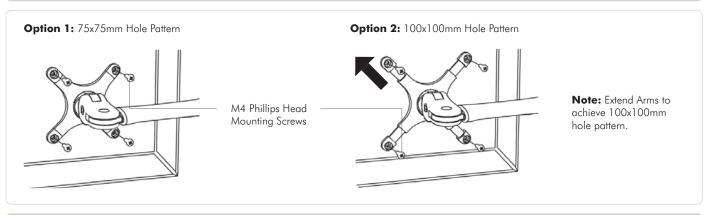
### **Step 2. Mount Pole Assembly (cont.)**



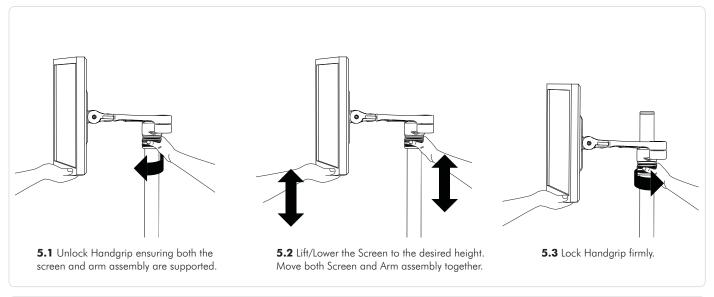
# Step 3. Mount Arm Assembly



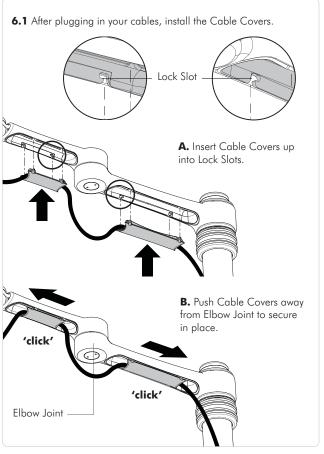
# **Step 4. Mount Displays**

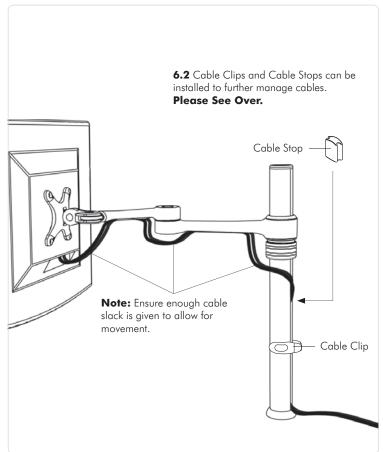


# Step 5. Adjust Height



## Step 6. Cable Management





## Step 6.2. Insert Cable Stops



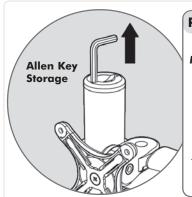
**A.** Insert Cable Stop on one edge of the Pole Slot.

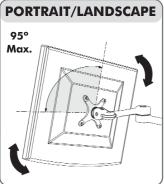


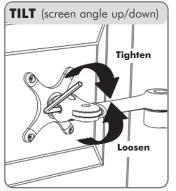
**B.** Press down firmly onto the other edge of the Cable Stop and hold. This allows the rear profile to flex in place.

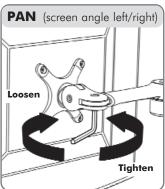


## Step 8. Adjusting the Display Bracket









## **Ergonomic Guidelines**

Many experts believe that the extended use of any computer screen has the potential to cause serious injury to your eyes, neck and back. This can be largely avoided by correctly positioning your display.

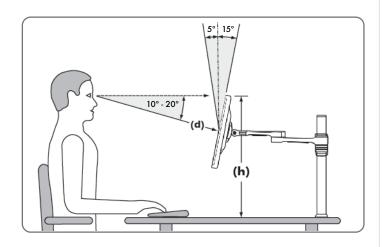
**Viewing angle:** Ergonomists recommend that the optimal position of your display should be slightly below eye level. When looking at the display's centre the user should have a downward visual angle of approximately 10°-20°.

**Height:** As a guide, the height **(h)** of your display should approximately be as follows:

- Tall Male (Max): 560mm (22")
- Short Male (Min): 368mm (14.5")
- Tall Female (Max): 520mm (20.5")
- Short Female (Min) 356mm (14")

**Distance:** For visual comfort, a viewing distance **(d)** between 500mm (20") to 750mm (29.5") is recommended.

 $\textbf{Tilt Angle:} \ \, \text{Angular adjustments to reduce reflection on your monitor should range between 5° forward tilt to 15° backward tilt. }$ 



#### **Installation Complete**

