ProductSheet HP ZBook Firefly 14 inch G10 Mobile Workstation PC Wolf Pro Security Edition (7Z3A5UT)



Step up performance. Not size

Pro-level performance combines with true mobility in this amazingly sleek and powerful laptop. Stay productive wherever you're working with integrated or discrete graphics and processor. Alenhancing webcam and audio, and a stunning display—everything you need to collaborate and manage projects anywhere.



HP recommends Windows 11 Pro for business Upgrade to pro-level performance

Say goodbye to lags and crashes with faster responsiveness on projects. With an Intel® processor[1] and integrated or discrete graphics[3] you can open large files and run pro apps simultaneously for speedy multitasking and productivity.

Work all day. Anywhere

Starting at 3.2 lbs,[5] our most mobile ZBook is made to move. With a long lasting battery[6] the sleek yet durable device is small enough to fit in your bag so you can stay productive anywhere. This is high performance workstation power on the go.

Connect. Communicate. Collaborate

Collaborate effectively with ZBook Firefly. The AI enhanced auto-framing 5MP camera[7] offers improved image guality even in low light, and AI Noise Suppression software[8] blocks background noise so you can seamlessly connect from almost anywhere.

Featuring

Windows 11

Work anywhere without compromising on performance or security with Windows 11 powered by HP's collaboration and connectivity technology.

Intel[®] Core[™] i7 processor

Run several CPU-heavy programs simultaneously without sacrificing performance with an Intel® Core[™] i7 processor. ^[2]

HP Z Turbo Drive High-speed Storage

Work without limits in any location with local PCIe storage that's up to 6x faster than SATA SSD, and up to 21x faster than traditional HDD storage. ^[4]

HP Fast Charge

Ultra-fast recharge takes you from zero to 50% charge in just 30 minutes. ^[9]

Spill-resistant Keyboard

Accidents happen - which is why we designed our keyboard with a drain hole, so minor spills flow out the bottom for easy cleanup.

Operating system	Windows 11 Pro ^[1]
Processor family	13th Generation Intel [®] Core™ i7 processor
Processor	Intel® Core™ i7-1355U (up to 5.0 GHz with Intel® Turbo Boost Technology, 12 MB L3 cache, 10 cores, 12 threads)
Chipset	Intel® Integrated SoC
Memory	32 GB DDR5-5200 MHz RAM (2 x 16 GB)
Memory Slots	2 SODIMM; supports dual channel
Internal Storage	1 TB PCIe [®] NVMe [™] TLC SSD
Graphics	Discrete
Graphics (discrete)	NVIDIA RTX™ A500 Laptop GPU (4 GB GDDR6 dedicated)
Graphics	Integrated
Graphics (integrated)	Intel® Iris® Xe Graphics
Display	35.6 cm (14") diagonal, WUXGA (1920 x 1200), touch, IPS, anti-glare, 250 nits, 45% NTSC
Display	14" diagonal, WUXGA (1920 x 1200), touch, IPS, anti-glare, 250 nits, 45% NTSC ^[11,33,37]
Display size (diagonal)	35.6 cm (14")
Display size (diagonal)	14"
Audio	Audio by Bang & Olufsen, dual stereo speakers, HP World Facing Microphone dual array digital microphones,
· · · · · · · · · · · · · · · · · · ·	functions keys for volume up and down, combo microphone/headphone jack, HD audio
Minimum dimensions (W x D x H)	31.56 x 22.43 x 1.99 cm
Minimum dimensions (W x D x H)	12.42 x 8.8 x 0.78 in
Weight	Starting at 1.45 kg (Weight varies by configuration and components.)
Weight	Starting at 3.2 lb (Weight varies by configuration and components.)
Keyboard	HP Premium Keyboard – spill resistant, backlit keyboard
Pointing device	ClickPad Glass with multi-touch gesture support, taps enabled as default
Camera	5MP HD IR camera
Camera Ports	1 SuperSpeed USB Type-A 5Gbps signaling rate (charging); 1 HDMI 2.0b; 2 Thunderbolt™ 4 with USB4™ Type-C®
Ports	1 SuperSpeed USB Type-A 5Gbps signaling rate (charging); 1 HDMI 2.0b; 2 Thunderbolt™ 4 with USB4™ Type-C [®] 40Gbps signaling rate (USB Power Delivery, DisplayPort™ 1.4, HP Sleep and Charge) ^[25]
Ports Ports	1 SuperSpeed USB Type-A 5Gbps signaling rate (charging); 1 HDMI 2.0b; 2 Thunderbolt [™] 4 with USB4 [™] Type-C [®] 40Gbps signaling rate (USB Power Delivery, DisplayPort [™] 1.4, HP Sleep and Charge) ^[25] 1 headphone/microphone combo; 1 SuperSpeed USB Type-A 5Gbps signaling rate
Ports Ports Wireless	1 SuperSpeed USB Type-A 5Gbps signaling rate (charging); 1 HDMI 2.0b; 2 Thunderbolt [™] 4 with USB4 [™] Type-C [®] 40Gbps signaling rate (USB Power Delivery, DisplayPort [™] 1.4, HP Sleep and Charge) ^[25] 1 headphone/microphone combo; 1 SuperSpeed USB Type-A 5Gbps signaling rate Intel [®] Wi-Fi 6E AX211 (2x2) and Bluetooth [®] 5.3 wireless card (supporting gigabit data rate)
Ports Ports Wireless Power	1 SuperSpeed USB Type-A 5Gbps signaling rate (charging); 1 HDMI 2.0b; 2 Thunderbolt™ 4 with USB4™ Type-C® 40Gbps signaling rate (USB Power Delivery, DisplayPort™ 1.4, HP Sleep and Charge) ^[25] 1 headphone/microphone combo; 1 SuperSpeed USB Type-A 5Gbps signaling rate Intel® Wi-Fi 6E AX211 (2x2) and Bluetooth® 5.3 wireless card (supporting gigabit data rate) 65 W USB Type-C™ adapter
Ports Ports Wireless Power Battery type	1 SuperSpeed USB Type-A 5Gbps signaling rate (charging); 1 HDMI 2.0b; 2 Thunderbolt™ 4 with USB4™ Type-C® 40Gbps signaling rate (USB Power Delivery, DisplayPort™ 1.4, HP Sleep and Charge) ^[25] 1 headphone/microphone combo; 1 SuperSpeed USB Type-A 5Gbps signaling rate Intel® Wi-Fi 6E AX211 (2x2) and Bluetooth® 5.3 wireless card (supporting gigabit data rate) 65 W USB Type-C™ adapter HP Long Life 3-cell, 51 Wh Li-ion
Ports Ports Wireless Power Battery type Battery recharge time	1 SuperSpeed USB Type-A 5Gbps signaling rate (charging); 1 HDMI 2.0b; 2 Thunderbolt [™] 4 with USB4 [™] Type-C [®] 40Gbps signaling rate (USB Power Delivery, DisplayPort [™] 1.4, HP Sleep and Charge) ^[25] 1 headphone/microphone combo; 1 SuperSpeed USB Type-A 5Gbps signaling rate Intel [®] Wi-Fi 6E AX211 (2x2) and Bluetooth [®] 5.3 wireless card (supporting gigabit data rate) 65 W USB Type-C [™] adapter HP Long Life 3-cell, 51 Wh Li-ion Supports battery fast charge: approximately 50% in 30 minutes
Ports Ports Wireless Power Battery type Battery recharge time Ecolabels	1 SuperSpeed USB Type-A 5Gbps signaling rate (charging); 1 HDMI 2.0b; 2 Thunderbolt™ 4 with USB4™ Type-C® 40Gbps signaling rate (USB Power Delivery, DisplayPort™ 1.4, HP Sleep and Charge) ^[25] 1 headphone/microphone combo; 1 SuperSpeed USB Type-A 5Gbps signaling rate Intel® Wi-Fi 6E AX211 (2x2) and Bluetooth® 5.3 wireless card (supporting gigabit data rate) 65 W USB Type-C™ adapter HP Long Life 3-cell, 51 Wh Li-ion Supports battery fast charge: approximately 50% in 30 minutes TCO Certified ENERGY STAR® certified HP Client Catalog; HP Power Manager; HP Client Management Script Library (download); HP Driver Packs (download); HP Image Assistant Gen5 (download); HP Patch Assistant (download); HP Cloud Recovery; HP Connect
Ports Ports Wireless Power Battery type Battery recharge time Ecolabels Energy star certified	1 SuperSpeed USB Type-A 5Gbps signaling rate (charging); 1 HDMI 2.0b; 2 Thunderbolt [™] 4 with USB4 [™] Type-C [®] 40Gbps signaling rate (USB Power Delivery, DisplayPort [™] 1.4, HP Sleep and Charge) ^[25] 1 headphone/microphone combo; 1 SuperSpeed USB Type-A 5Gbps signaling rate Intel [®] Wi-Fi 6E AX211 (2x2) and Bluetooth [®] 5.3 wireless card (supporting gigabit data rate) 65 W USB Type-C [™] adapter HP Long Life 3-cell, 51 Wh Li-ion Supports battery fast charge: approximately 50% in 30 minutes TCO Certified ENERGY STAR [®] certified HP Client Catalog; HP Power Manager; HP Client Management Script Library (download); HP Driver Packs (download); HP Image Assistant Gen5 (download); HP Patch Assistant (download); HP Cloud Recovery; HP Connect for Microsoft Endpoint Manager ^[15,46,56]
Ports Ports Wireless Power Battery type Battery recharge time Ecolabels Energy star certified	1 SuperSpeed USB Type-A 5Gbps signaling rate (charging); 1 HDMI 2.0b; 2 Thunderbolt™ 4 with USB4™ Type-C® 40Gbps signaling rate (USB Power Delivery, DisplayPort™ 1.4, HP Sleep and Charge) ^[25] 1 headphone/microphone combo; 1 SuperSpeed USB Type-A 5Gbps signaling rate Intel® Wi-Fi 6E AX211 (2x2) and Bluetooth® 5.3 wireless card (supporting gigabit data rate) 65 W USB Type-C™ adapter HP Long Life 3-cell, 51 Wh Li-ion Supports battery fast charge: approximately 50% in 30 minutes TCO Certified ENERGY STAR® certified HP Client Catalog; HP Power Manager; HP Client Management Script Library (download); HP Driver Packs (download); HP Image Assistant Gen5 (download); HP Patch Assistant (download); HP Cloud Recovery; HP Connect for Microsoft Endpoint Manager ^[15,46,56] Ocean-bound plastic in speaker enclosure; 40% post-consumer recycled plastic; External power supply 90% efficiency; Low Halogen; Bulk packaging available; Molded paper pulp cushion inside box is 100% sustainably
Ports Ports Vireless Power Battery type Battery recharge time Ecolabels Energy star certified Management features	1 SuperSpeed USB Type-A 5Gbps signaling rate (charging); 1 HDMI 2.0b; 2 Thunderbolt [™] 4 with USB4 [™] Type-C [®] 40Gbps signaling rate (USB Power Delivery, DisplayPort [™] 1.4, HP Sleep and Charge) ^[25] 1 headphone/microphone combo; 1 SuperSpeed USB Type-A 5Gbps signaling rate Intel [®] Wi-Fi 6E AX211 (2x2) and Bluetooth [®] 5.3 wireless card (supporting gigabit data rate) 65 W USB Type-C [™] adapter HP Long Life 3-cell, 51 Wh Li-ion Supports battery fast charge: approximately 50% in 30 minutes TCO Certified ENERGY STAR [®] certified HP Client Catalog; HP Power Manager; HP Client Management Script Library (download); HP Driver Packs (download); HP Image Assistant Gen5 (download); HP Patch Assistant (download); HP Cloud Recovery; HP Connect for Microsoft Endpoint Manager ^[15,46,56] Ocean-bound plastic in speaker enclosure; 40% post-consumer recycled plastic; External power supply 90%
Ports Ports Vireless Power Battery type Battery recharge time Ecolabels Energy star certified Management features Sustainable impact specifications	1 SuperSpeed USB Type-A 5Gbps signaling rate (charging); 1 HDMI 2.0b; 2 Thunderbolt™ 4 with USB4™ Type-C® 40Gbps signaling rate (USB Power Delivery, DisplayPort™ 1.4, HP Sleep and Charge) ^[25] 1 headphone/microphone combo; 1 SuperSpeed USB Type-A 5Gbps signaling rate Intel® Wi-Fi 6E AX211 (2x2) and Bluetooth® 5.3 wireless card (supporting gigabit data rate) 65 W USB Type-C™ adapter HP Long Life 3-cell, 51 Wh Li-ion Supports battery fast charge: approximately 50% in 30 minutes TCO Certified ENERGY STAR® certified HP Client Catalog; HP Power Manager; HP Client Management Script Library (download); HP Driver Packs (download); HP Image Assistant Gen5 (download); HP Patch Assistant (download); HP Cloud Recovery; HP Connect for Microsoft Endpoint Manager ^[15,46,56] Ocean-bound plastic in speaker enclosure; 40% post-consumer recycled plastic; External power supply 90% efficiency; Low Halogen; Bulk packaging available; Molded paper pulp cushion inside box is 100% sustainably sourced and recyclable HP Sure Click; HP Secure Erase; HP Manageability Integration Kit; HP Sure Sense; HP BIOSphere Gen6; HP Sure Start Gen6; MS Bitlocker Encryption; Nano Security Lock Slot; HP Image Assistant Gen4.6; HP TPM Configuration Utility; HP Sure Run Gen4; HP Client Security Chip; Infineon SLB9670; Camera privacy
Ports Ports Ports Wireless Power Battery type Battery recharge time Ecolabels Energy star certified Management features Sustainable impact specifications Security management	1 SuperSpeed USB Type-A 5Gbps signaling rate (charging); 1 HDMI 2.0b; 2 Thunderbolt™ 4 with USB4™ Type-C® 40Gbps signaling rate (USB Power Delivery, DisplayPort™ 1.4, HP Sleep and Charge) ^[25] 1 headphone/microphone combo; 1 SuperSpeed USB Type-A 5Gbps signaling rate Intel® Wi-Fi 6E AX211 (2x2) and Bluetooth® 5.3 wireless card (supporting gigabit data rate) 65 W USB Type-C™ adapter HP Long Life 3-cell, 51 Wh Li-ion Supports battery fast charge: approximately 50% in 30 minutes TCO Certified ENERGY STAR® certified HP Client Catalog; HP Power Manager; HP Client Management Script Library (download); HP Driver Packs (download); HP Image Assistant Gen5 (download); HP Patch Assistant (download); HP Cloud Recovery; HP Connect for Microsoft Endpoint Manager ^{(15,46,56]} Ocean-bound plastic in speaker enclosure; 40% post-consumer recycled plastic; External power supply 90% efficiency; Low Halogen; Bulk packaging available; Molded paper pulp cushion inside box is 100% sustainably sourced and recyclable; Outside box and corrugated cushions are 100% sustainably sourced and recyclable HP Sure Click; HP Secure Erase; HP Manageability Integration Kit; HP Sure Sense; HP BIOSphere Gen6; HP Sure Start Gen6; MS Bitlocker Encryption; Nano Security Lock Slot; HP Image Assistant Gen4.6; HP TPM Configuration Utility; HP Sure Run Gen4; HP Client Security Manager Gen7; HP Sure Recover Gen4 with Embedded Reimaging; Secured- core PC capable; TPM 2.0 Embedded Security Chip; Infineon SLB9670; Camera privacy shutter ^[24,29,31,32,33,4,34,40,42,43,44,45] Bing search for IE11; HP Hotkey Support; HP Noise Cancell

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Top Recommended Displays, Accessories and Services

No Top Recommended Displays, Accessories and Services

HP recommends Windows 11 Pro for business

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Messaging Footnotes

[1] Multicore is designed to improve performance of certain software products. Not all customers or software applications will necessarily benefit from use of this technology. Performance and clock frequency will vary depending on application workload and your hardware and software configurations. Intel's numbering, branding and/or naming is not a measurement of higher performance. Optional, configurable feature that must be configured at purchase.

[2] Multicore is designed to improve performance of certain software products. Not all customers or software applications will necessarily benefit from use of this technology. Performance and clock frequency will vary depending on application workload and your hardware and software configurations. Intel's numbering, branding and/or naming is not a measurement of higher performance.

[3] Optional feature that must be configured at purchase.

[4] For hard drives, GB = 1 billion bytes. TB = 1 trillion bytes. Actual formatted capacity is less. Up to 30GB (for Windows 10) of system disk is reserved for system recovery software.

[5] Lowest weight. Weight will vary by configuration.

[6] Battery life will vary depending on the product model, configuration, loaded applications, features, use, wireless functionality and power management settings. The maximum capacity of the battery will naturally decrease with time and usage. See MobileMark18 battery benchmark https://bapco.com/products/mobilemark-2018/ for additional details.

[7] Requires the myHP application and Windows OS.

[8] AI Noise Suppression is delivered automatically through Windows update or can be downloaded from https://support.hp.com/us-en/drivers. Requires Windows 10 or higher, compatible with internal PC speakers, microphone and analog headsets. The AI Noise Suppression setting can be configured through the Application HP Audio Control.

[9] Recharges the battery up to 50% within 30 minutes when the system is off or in standby mode. Power adapter with a minimum capacity of 65 watts is required. After charging has reached 50% capacity, charging will return to normal. Charging time may vary +/-10% due to System tolerance.

Technical Specifications Footnotes

[1] Not all features are available in all editions or versions of Windows. Systems may require upgraded and/or separately purchased hardware, drivers, software or BIOS update to take full advantage of Windows functionality. Windows is automatically updated and enabled. High speed internet and Microsoft account required. ISP fees may apply and additional requirements may apply over time for updates. See http://www.windows.com.

[11] HP DreamColor Panel available in the Q2 2021 timeframe.

[15] Manage and monitor your battery's performance and condition and customize charging options with the easy-to-use HP Power Manager dashboard.

[18] HP Support Assistant - Requires Windows and Internet Access.

[19] Microsoft Office sold separately and requires Internet access for activation.

[20] Web-only Support

[21] HP Anyware software and licensing are available through a 1- or 3-year subscription. Network access required. Renewal is required after the subscription term. HP Anyware subscriptions are based on the number of concurrent PCoIP connections used (pay for the number of host connections, not the software) with a minimum order quantity of 5. For a limited time, an HP Anyware Professional subscription also includes access and support for ZCentral Remote Boost and ZCentral Connect and is available for purchase through an HP reseller or contact sales at hp.com/Anyware. ZCentral Remote Boost Sender requires Windows 10 and 11, RHEL/CentOS (7 or 8), or UBUNTU 18.04 or 20.04 LTS operating systems. macOS (10.14 or newer) operating system and ThinPro 7.2 are only supported on the receiver side. ZCentral Connect requires Windows (10 or 11) or Windows Server (2016 or 2019) operating system, Microsoft Active Directory and Intel Active Management Technology for select features. For system requirements and to install HP Anyware and Anyware Manager, refer to the Admin Guides at: https://docs.teradici.com/find/product/hp-anyware.

[22] Miracast is a wireless technology your PC can use to project your screen to TVs, projectors, and streaming media players that also support Miracast. You can use Miracast to share what you're doing on your PC and present a slide show. For more information: http://windows.microsoft.com/en-us/windows-8/project-wireless-screen-miracast.

[23] HP Performance Advisor Software. Learn more or download at: https://www8.hp.com/us/en/workstations/performance-advisor.html

[24] HP BIOSphere Gen6 features may vary depending on the platform and configuration.

[25] SuperSpeed USB 20Gbps is not available with Thunderbolt[™] 4.

[26] HP Connection Optimizer requires Windows 10.

[29] HP Sure Click requires Windows 10 Pro or higher or Enterprise. See https://bit.ly/2PrLT6A_SureClick for complete details.

[31] HP Sure Run Gen4 is available on select HP PCs and requires Windows 10 and higher.

[32] Secured-core PC requires an Intel[®] vPro[®] or AMD Ryzen[™] Pro processor. Requires 8 GB or more system memory. Secured-core PC functionality can be enabled from the factory.

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